## FIRELANDS MENTAL HEALTH RESOURCES

**SUICIDE CRISIS HOTLINE: 988** 

**NAVIGATOR HOTLINE: (440)-240-7025** 

A potential client or the parent/guardian of a client calls the navigator and provides general information about mental health concerns. The navigator will facilitate a three-way call with the agency that is:

(1) clinically appropriate

(2) has the shortest wait.

The navigator will remain on the line until there are no obstacles that could interfere with the potential client getting connected to the right agency. The navigator service is available in English and Spanish.

Psych and Psych Services (Accepts Medicaid)

WEBSITE: <a href="https://www.psychandpsych.com/">https://www.psychandpsych.com/</a>

**PHONE:** (440) 323-5121

The Nord Center/Riveon (Accepts Medicaid)

**WEBSITE**: https://www.nordcenter.org/about-us/who-we-are/

**PHONE**: (440) 233-7232

24/7 EMERGENCY CRISIS HOTLINE

PHONE: 1.800.888.6161

SAME-DAY WALK IN INFORMATION

5425 Detroit Rd. Sheffield, OH 44054

PHONE: 440.233.7232

\*Bring custody paperwork and insurance information

MHARS Lorain County - Mental Health, Addiction and Recovery Services (MHARS) Board of Lorain County (Accepts Medicaid)

**WEBSITE**: <a href="https://mharslc.org/">https://mharslc.org/</a>

**PHONE**: (440)240-7025

Applewood Centers Inc | Solutions for Children, Youth, and Families - Applewood Centers

Inc. (Accepts Medicaid)

**WEBSITE:** https://www.applewoodcenters.org/

**PHONE:** (440) 324-1300

OhioGuidestone (Accepts Medicaid)

WEBSITE: <a href="https://ohioguidestone.org/">https://ohioguidestone.org/</a>

**PHONE:** (440) 234-2006

Firelands Counseling & Recovery Services of Erie County - Sandusky (Accepts Medicaid)

**WEBSITE**: https://www.firelands.com/locations/profile/counseling-recovery-services-sandusky/?searchId=5edaf5ae-9f71-ed11-a852-000d3a611816&sort=13&page=1&pageSize=10

**PHONE:** 419-557-5177

#### **Lakeshore Health & Wellness**

WEBSITE: https://lakeshorehealthandwellness.com/

**PHONE**: (440) 963-0402

#### Plum Creek

**WEBSITE**: <a href="https://www.plumcreekassociates.com/">https://www.plumcreekassociates.com/</a>

**PHONE**: (440) 775-7171

## **Pathways Counseling and Growth Center**

**WEBSITE**: <a href="https://pathwayscounselingcenter.com/">https://pathwayscounselingcenter.com/</a>

**PHONE**: (440) 323-5707

# **Evolve Counseling Amherst (Christian Based Organization)**

**WEBSITE**: <a href="https://www.evolvecounselingohio.com/contact-us">https://www.evolvecounselingohio.com/contact-us</a>

**PHONE**: (440) 299-7816

# **Hope Counseling (Christian Based Organization)**

WEBSITE: https://hopecounselingcs.com/

**PHONE**: (440) 370-3007

### **Januzzi Counseling and Consulting**

WEBSITE: https://cookcounselingandconsulting.com/joseph-januzzi-lisw-school-psychol

ogist/

**PHONE**: (440) 308-7816

Accessing mental health resources can be incredibly beneficial for students and parents/guardians, offering support as families navigate these important years. Resources focused on mental wellness can provide helpful strategies for managing stress, enhancing focus, and building resilience. Firelands Local School District does not specifically endorse any resources that are shared; however we support the journey of mental health and appreciate the resources that are available.